| $8: 30-9: 30 \mathrm{am}$ | Family Greeting \& Fine Motor Activities <br> Students arrive and get started on fine motor activities. |
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| $9: 30-10: 00 \mathrm{am}$ | Breakfast \& Morning Meditation <br> We talk about the plan of the day and a nutritious breakfast is available for all who <br> want it. |
| $10: 00-10: 30 \mathrm{am}$ | Small Group Activity <br> Small groups experiment with materials and solve problems with the support of an <br> adult. All groups are working on the same concept but at varied levels for individual <br> needs. |
| $10: 30-10: 40 \mathrm{am}$ | Clean up \& Bathroom <br> We clean up from our small group activity play, use the bathroom and wash our <br> hands. |
| $10: 40-11: 30 \mathrm{am}$ | Gross Motor <br> Students enjoy vigorous and often noisy play in the fresh air (weather permitting) or <br> in our indoor gym space. They run, jump, climb, and sing with energy. |
| $11: 30-12: 15 \mathrm{pm}$ | Lunch <br> Students are served a nutritious lunch and then help with cleaning up after. |
| $12: 15-12: 45 \mathrm{am}$ | Large Group <br> Our teachers lead the students in a group activity such as music, reading aloud, or <br> meditation. |
| $1: 30-1: 45 \mathrm{pm}$ | Recall <br> After Work Cycle students come together to share what they worked on. |
| $1: 50-2: 00 \mathrm{pm}$ | Work Cycle <br> Students make a plan and choose an activity to work on individually or in small groups. <br> Students depart with parents and guardians |
| Afternoon Snack |  |

